Instituto Superior de Lisboa e Vale do Tejo

ETHICS COMMITTEE OPINION

May 6, 2026

I, Professor Dr. Filipa Coelhoso, in my capacity as Chair of the ISCE Ethics Committee, hereby communicate the Committee's decision regarding the research project submitted by António Braz, under the supervision of Professors Armando Costa and Raynier Montoro.

Project Title	Relationship Between Muscle Power Estimated from the Sit-to-Stand Test and Jump Performance in Older Adults
Project Title (Original Language)	Relação entre a potência muscular estimada no teste de levantar e sentar e o desempenho no salto em pessoas idosas
Reference	code-ISCE/EC/0082026
Research Team	Antonio Braz; Raynier Montoro and Armando Costa.
Relator	Doctor Nuno Abranja
Decision	"The Ethics Committee unanimously decided to issue a favorable opinion (Approved). The decision was based on the report prepared by the rapporteur."

The Vice-President of the Ethics Committee of ISCE

Professor Paulo Malico Sousa